



Summer 2021

Dear Camp Hamp Parents and Guardians,

Welcome and thank you for signing-up for the Northampton Parks & Recreation Department's summer programs. This parent packet contains information on Camp Hamp as well as the department's policies and procedures. Please review the packet thoroughly and make sure to go over all the necessary information with your child.

The Northampton Parks & Recreation Department's mission is to promote the health and general well-being of the individual and the community. We hope to create memories that your child will remember for years to come while offering a safe environment where your child will grow through the various activities that we offer in each of our age-appropriate programs.

The Northampton Parks & Recreation Department hires experienced individuals to work with your children throughout the summer. We are excited to welcome back Matt as our Camp Hamp Director for a second summer. Our staff consists of individuals who have degrees in Education, related fields or qualified candidates who are attending college and high school. They are required to attend two mandatory days of staff training where the staff is trained specifically for the program and age that they will be working with. In addition to the staff orientation, all Supervisor and Recreation Leader positions are certified in CPR, Epi-Pen administration and First Aid. All of our summer day camps fully comply with the State Health Department Codes and Inspections for Licensed Day Camps.

If you have any questions or concerns throughout the summer, please do not hesitate to contact us by calling the Northampton Parks & Recreation Department Office at (413)587-1040 or by emailing us at [recreation@northamptonma.gov](mailto:recreation@northamptonma.gov). Your feedback lets us know how we are doing. Once again, welcome to the Northampton Parks & Recreation Department Summer Programs! Please make sure to keep this handbook to use as a guide throughout the summer, it is also posted on our website, [www.northamptonma.gov/recreation](http://www.northamptonma.gov/recreation).

Sincerely,

Rebecca Learnard  
Recreation Supervisor

Shelby Michna  
Assistant Director of Parks & Recreation

Ann-Marie Moggio  
Director of Parks & Recreation

## Registration/Changes Policies

Please note the registration policies below:

### A. Additions to Original Registration

- a. Changes to the initial registration must be made in writing at **least one week in advance of the requested change**. A non-refundable \$25 deposit per session is required.
- b. To request a change, please submit your request in writing one of the following ways:
  - i. Email: [recreation@northamptonma.gov](mailto:recreation@northamptonma.gov)
  - ii. Mail: Northampton Parks & Recreation Department, 100A Bridge Rd, Florence, MA 01062
  - iii. Fax: (413)587-1045
  - iv. Drop off at the office, (office opens to the public July 6) Monday-Friday, 8:30 a.m.-4:30 p.m., or put in the mailbox by the door after hours.

### B. Summer Camp Payments

- a. Camp payments are past due, if you still have a balance, please contact our office to set up payment arrangements. All balances are due prior to the start of camp or the camper will be unenrolled.

### C. Refunds

- a. All sessions have a \$25 non-refundable deposit; there is also a \$10 service charge for all refunds.
- b. In order to receive a refund, requests must be submitted at least one week prior to the start of the program.
- c. **Refund** requests must be made in writing to the Parks & Recreation Department, email to [recreation@northamptonma.gov](mailto:recreation@northamptonma.gov) or send a letter to the office.
- d. To request a refund, please submit your request in writing one of the following ways:
  - i. Email: [recreation@northamptonma.gov](mailto:recreation@northamptonma.gov)
  - ii. Mail: Northampton Parks & Recreation Department, 100A Bridge Rd, Florence, MA 01062
  - iii. Fax: (413)587-1045
  - iv. Drop off at the office, (office opens to the public July 6) Monday-Friday, 8:30 a.m.-4:30 p.m., or put it in the mail box by the door after hours.
- e. Please allow 4-6 weeks for your refund to process.
- f. Requests for cancellations of sessions are subject to the policy stated above.

*We look forward to a fun and active summer of 2021!*

Once you have completed reading this packet, if you have any other questions, comments or concerns, please feel free to contact us at the Parks & Recreation Department office, Monday through Friday, 8:30am - 4:30pm.

## Northampton Parks & Recreation Department

### Office Staff

Director	Ann-Marie Moggio
Assistant Director	Shelby Michna
Recreation Supervisor	Rebecca Learnard
Recreation Supervisor	John Knowles
Aquatics Supervisor	Jim Miller
Department Secretary	Jackie Lienert
Senior Clerk/Secretary	Sandra Gross

### Contact




Rec. Office: Monday-Friday, 8:30a.m. - 4:30p.m.  
Phone: (413)587-1040  
Fax: (413)587-1045  
Email: [recreation@northamptonma.gov](mailto:recreation@northamptonma.gov)  
Website: [www.northamptonma.gov/recreation](http://www.northamptonma.gov/recreation)  
Weather changes: (413)587-1044 or check website and click on "cancellations/changes"

## **Program Description**

### **Camp Hamp**

Fun, exciting days await campers! Camp Hamp is a full day program that runs from 8:30am – 4:30pm and is for children entering grades 5 and 6. The program is offered in seven, one-week sessions starting June 28 and is based at Look Park in Florence. Participants are introduced to many outdoor recreation activities such as hiking, cooperative games, and more. The program also includes weekly swimming three days a week at JFK Middle School, arts and crafts, special events and two weekly bus trips. Each week's activities and special events are created around the weekly themes (see below). Included in the registration fee is a T-shirt for each participant and the cost of the field trips. The participant T-shirt must be worn on field trip days. Extended day is offered to children and families for a minimal extra fee, see options below.

\*\*You will receive a detailed daily calendar before each session begins\*\*

<b>Session Dates</b>	<b>Weekly Themes</b>	<b>Weekly Bus Trips</b>
Session 1 June 28 – July 2	Crazy Color Week	Bus Trip to Lake Wyola & Interskate 91
Session 2 July 6 – July 9 (No camp 7/5)	 Superhero Week	Bus Trip DAR State Park & Sonny's Place
Session 3 July 12 – July 16	Disney Magic Week	Bus Trip to Erving State Park & Bounce Trampoline
Session 4 July 19 – July 23	Hawaiian Luau Week	Bus Trip <i>to be announced</i> & DAR State Park
Session 5 July 26 – July 30	Camp Olympics 	Bus Trip to Lake Wyola & Interskate 91
Session 6 August 2 – August 6	Wicked Water Week	Bus Trip Nomad's Adventure & DAR State Park
Session 7 August 9 – August 13	Super Summer Send Off 	Bus Trip Erving State Park & Bounce Trampoline

*\*schedule above subject to change*

### **Extended Day**

Camp Hamp is held Monday through Friday, 8:30 am - 4:30 pm. We offer an extended day option that provides participants with 45 minutes of extra supervision in the beginning and end of the regular program hours (7:45am – 5:15pm). The cost is \$25.00 per session and is \$20 for Session Two because there will be no program on Monday, 7/5). You must sign up for the whole session, you cannot choose days during the week.

### **Field Trips**

In each session, two bus trips will take place, see chart above. A weekly agenda for each session will be given or mailed to each participant prior to the first day of the program. This will highlight the daily agenda for the week. Typically, field trips will be taken on Tuesday and Thursday of each week.





**For everyone: Free Lunch Available Daily to all Northampton Parks & Rec Camps (see enclosed menu)**

This service is being provided by the Northampton Public Schools Food Service Department and is an extension of the federally funded free summer meal programs, which **everyone** automatically qualifies for! A menu is enclosed for June 28 to the end of July. August will be sent out at a later date.

**To be a part of this service you must sign up your camper ahead of time.**

Please use this following link < <https://bit.ly/3gepSFm> > to a Google Form and provide your camper's full name, the camp they are enrolled in, which weeks they are attending you would like to participate, and any relevant food allergies we should know of.

These lunches will be available on field trip days and will be a sunbutter and jelly. To participate in this you must sign up your child by the Monday before the week they attend. A letter and email will be sent to all parents/guardians that have registered their camper for this program with any additional information you may need.

### **Swimming Schedule**

Camp Hamp will swim at the Aquatic and Family Center at JFK Middle School on Mondays, Wednesdays and Fridays. Each week the group will visit a local beach, day may vary between Tuesday and Thursday of that week. The camp, may on occasion, swim at Musante Beach in Leeds.

### **Arts & Crafts**

Each participant will have one arts and crafts project a week. Our staff will lead the class, and the project will last for approximately 30-45 minutes. Projects are based on the weekly theme.

### **T-Shirts**

Participants for Camp Hamp will receive a t-shirt during the first session that they attend. Camp Hamp participants will need to wear their t-shirts on field trip days.

### **What to Provide Each Day**

Let's start with a comfortable daypack and **label** the bag and belongings with your child's name. This bag will be carried by your child each day. Please send your child ready to play in comfortable clothing with socks and sneakers or closed toe sandals. Flip flops are not recommended. **Don't forget to label everything!**

Now, fill the daypack with....

- Lunch and snacks
    - a. Food will not be refrigerated, please provide a lunch box with a freezer pack.
    - b. Please also provide some munchies for a mid-morning **snack** break and afternoon **snack**.
    - c. **If you have signed up for the Free Lunch**, a staff member will bring your child a balanced lunch provided by the schools. Please still provide your child a snack for the morning and afternoon.
  - Refillable Water Bottle! We suggest a bottle that is at least one liter!
  - Bathing suit, towel, and a reusable bag for wet swimsuits and gear – We swim almost every day.
  - Hat, bug repellent and **sunscreen**
    - a. Please apply sunscreen to your child each morning and the kids will reapply during the day.
- It is recommended to send your child with spray sunscreen that is a *minimum* of SPF 25.

Your child is responsible for this bag and may be wearing it throughout the day, please keep this in mind while preparing the bag!

### ***What Not to Bring***

Electronic devices of any sort are not allowed. This includes, but is not limited to, cell phones, hand held video games, tablets, etc. Please don't send your child with personal toys or anything that you do not want to lose or share to the summer programs. The Parks & Recreation Department is not responsible for lost or stolen items.

### **Inclement Weather (Rainy Days, Pop-up Thunderstorms)**

If it is raining in the morning and you are not sure of the Camp Hamp location then please contact the Parks & Recreation Department's **24 hour information hotline at (413)587-1044 or visit our website at [www.northamptonma.gov/recreation](http://www.northamptonma.gov/recreation) and click on cancellations/changes** for program updates.

The rain location for the Camp Hamp program will be at the Aquatic and Family Center at J.F.K Middle School. Enter through the rear door, across from the tennis courts. If the rain continues all day, we may bus the group to the Smith Vocational gym, at 80 Locust Street in Northampton, where the group will have access to the gym or cafeteria. If it clears, we will return to Look Park. If it is predicted that there will be afternoon showers and/or thunderstorms then we will also head over to our rain site at JFK Middle School and afternoon pick-up will be at JFK, not Look Park. If there are any questions to where the pick-up location is then please contact the Parks & Recreation Department's cancellation hotline (413)587-1044 or check out our website at [www.northamptonma.gov/recreation](http://www.northamptonma.gov/recreation) and click on cancellations/changes.

### **Look Park**

Look Memorial Park is a privately operated facility, and they do not receive City tax dollars for operation. This summer Look Park will be a **CARRY IN/CARRY OUT your trash** facility. This means that there will be no trash or waste containers. Please keep this in mind while you pack your child a lunch. Our cooperative agreement with them stipulates that participants **MUST purchase a Look Park Vehicle Entrance Sticker for the Camp KidZone and Camp Hamp programs.** There are two options:

#### **Option 1:**

You may purchase a year round season entry pass for Look Park. These stickers are available in person at Look Park or at the Parks & Recreation Department and cost \$60 and \$45 for a senior citizen. Same household second-vehicle stickers are discounted when purchased with the first sticker. These are good for all of 2021. You will be able to purchase this pass at drop off each Monday.

#### **Option 2:**

\$20 for Residents or Non-residents, per pass. This special pass is for our Camp KidZone and Camp Hamp programs. It is not a season's pass to Look Park, but a summer camp pass that will allow you entrance into Look Park for picking-up and dropping-off your child. This pass is only good from 7:45am-5:15pm, Monday through Friday while the program is running during the session you are signed up for.

This pass is **ONLY** available for purchase at the Parks & Recreation Department with cash or check only. Our office will be closed to the public until July 6 but the pass is available for purchase. Please call the office, (413)587-1040, when you arrive and a staff person will assist you.

**\*\*The Northampton Parks & Recreation Department is open Monday – Friday, from 8:30am – 4:30pm\*\***

## ***Program Procedures & Policies***

### **COVID-19 and Camp this summer**

Northampton Parks & Recreation's Summer Day camps are licensed by the local board of health and complies with all state and local requirements in regards to COVID-19 in addition to following Minimum Standards for Recreational Camps for Children: State Sanitary Code Chapter 1V.

While not required, we will institute many safety measures and mitigation strategies in designing our summer programs to limit the spread of COVID-19. We recognize that children under 12 are unable to receive the vaccine, and have implemented several safety measures.



We will be limiting the number of children in each group size in all our programs. Staff will be assigned to one cohort/group of children for each session. We will also be including our full policy for preventing and responding to COVID -19 at the end of this packet. Please read thoroughly and then feel free to ask us any questions.

## **Storage and Administration of Medication**

### **Medical Conditions**

Northampton Parks & Recreation Department encourages all medications to be given at home. **If your child must have medicine during camp hours, parents must complete the required portions in CampDoc.** This has to be approved by the Camp's Health Care Consultant. Medication will only be administered by the Health Care Supervisor(s) designated by the HCC and authorized to administer prescription medications. All medication prescribed for participants shall be kept in original containers bearing the pharmacy label which shows the prescription number, date filled, name of medication, and directions for use. All other over the counter medications for the participant shall be kept in the original containers containing the original label. Your child's counselor should carry your child's medications. It is imperative that if your child suffers from asthma or is allergic to bees or anything else, that we be informed.

### **Epi-Pen**

All program Supervisors and Recreation Leaders are certified in administering an epi-pen. If your child has a severe allergy and requires carrying an epi-pen, please provide the appropriate information in CampDoc. **The Northampton Parks & Recreation Department requires that any camper who requires any type of medication to be given at camp MUST provide medication authorization orders AND emergency action plans for allergies and diabetes.** Please also address your child's allergy to your child's counselor on the first day of camp.

### **Special Arrangements**

If there are any specific medical concerns we should know about your child (medical problems, allergies, etc.), please write this information down on the registration form for our Recreation Leaders.

### **Mildly ill Campers \*Non-COVID related illness\***

If a child comes to recreation staff reporting they are not feeling well, the staff will take the following steps: ask the child how long they have not felt well, if they feel like they are going to be sick, if they would like to try to stay at camp, or would like to go home.

- If the child would like to go home, call the parent and make arrangements for pickup. If the parent can't be reached, call the emergency contact.
- If the child would like to stay at camp, check in with the child each half hour to see how they feel.

Keep the child isolated from the other children, until they are feeling better or are picked up by a parent. A child must be picked up by a parent if they have a fever, severe headache, anything unresolvable, a blow to the head, bleeding that doesn't stop with standard first aid, deep wounds, nausea or vomiting, or any condition that the staff doesn't feel comfortable handling; or where a child expresses a need to be with the parent.

### **Policies**

Parents have the right to review background check procedures, health care and discipline policies upon request.



### **Immunization & Physical Records**

Starting in 2021, the Parks and Recreation department has started working with CampDoc. CampDoc is an electronic health record system used by camps. Each camper will have their own profile and this is where you will upload your child's immunization and physical records. CampDoc's is where you will also provide any relevant and necessary medical information (allergies, inhalers, medication, EpiPen, etc.). Once you have registered for a session of camp you will receive an email to complete your CampDoc profile.

### **Meningococcal disease**

Meningococcal disease can refer to any illness caused by the type of bacteria called *Neisseria meningitidis*, also known as meningococcus. These illnesses are often severe and can be deadly. They are infections of the lining of the brain and spinal cord and bloodstream infections. Meningococcal vaccination is recommended for all adolescents. Call your primary care physician and follow the recommended immunization schedule to ensure that your camper get the meningococcal vaccines.

### **Drop Off/Sign-Out Procedure** *For your child's safety we ask parents to abide by the following*

Drop-off and pick-up of your child(ren) will be on at the grassy area after the tennis courts on the right. Look for the sign that is labeled Camp Hamp. Please pull into a parking spot to drop your child off, do not just stop and have them get out of the car, as this will cause traffic problems. On the first day of the program, please park your car and walk your child to the Director.

Drop-off time is 8:30 a.m. and pick-up time is between 4:00 and 4:30 p.m.

Do not stop at the bottom of the hill or at the entrance of the park to drop off or pick up your child(ren). This causes traffic as well as safety problems. Please find a parking space. If your child is in the Camp Hamp program and signed up for the Extended Day option, then pick-up will be in the gravel parking area with the Camp KidZone program. This site is the entrance after the Visitor's Center and before the tennis courts.

At the end of each day we require that parents sign their child(ren) out with their counselor. This is done in order to ensure the safety of your child(ren). Please find a parking spot, park your car and wait for your child's counselor to approach you for sign out. Please inform the Recreation Leaders on the first day who will be picking up the child(ren) during the session. Send a note if there are any changes. **Permission must be written and signed by the parent/guardian if someone else rather than themselves is picking up the child.**

*\*We are trying a new process this summer, so please be patient as we begin this.*

### **Walkers/Bikers**

As you read previously, it is mandatory that someone signs for each participant so that we have a record of attendance and are assured that all participants make it home safely. If your child plans on walking/biking to and from Camp Hamp, then you must provide the staff with a signed note giving them permission. That will serve as signing out at the end of the day. Parents should have a backup plan for walkers/bikers on rainy days. If your children are walking/biking home then they need to leave the site of the program. Once they leave they are not the responsibility of the program. Children who are walking or biking cannot leave their program until 4:15pm, unless a parent puts in writing an earlier dismissal time.

### **Authorized Individuals for Pick-up**

There needs to be authorization for people, other than parents, to pick up your child(ren) from their programs. As you will see on the registration form there is a section labeled Transportation on the bottom of the page. That is where you must fill in the names that are authorized to pick your children up from the summer program (beside parents). If someone other than the people listed on the registration form is to pick up your child then you must send a written note the morning of stating the person that is allowed to pick up your child.

### **Late/Early Fee**

A supervision fee will be imposed for any child who is picked up late or dropped off too early. A ten minute grace period will be extended. **Following this time a fee will be assessed.** First time offenders will be warned and the fee will be assessed only for repeated incidents. The fee will be \$5.00 for every ten minutes of waiting time. The fee must be paid within 48 hours of the incident. Failure to do so will result in the suspension of the participant until paid. We understand sometimes incidents such as traffic, etc. occur. Please try to call the office to let them know if you are late. The Parks & Rec office closes at 4:30pm.

Chronic lateness may result in suspension from programs. The Police Department will be notified if your child is not picked up within an hour of the scheduled time and no call or contact has been received.

## **Safety**

### **CORI & SORI Background Checks**

Criminal Offender Record Information (CORI) and Sex Offender Registry Information (SORI) checks are done on all City Parks & Recreation Department staff members and volunteers that work and volunteer at our summer programs.

### **Emergency Procedures – Major incidents**

In the event of an emergency, serious injury or illness parents will be contacted immediately. If we cannot reach you through the numbers that you listed on your registration form then we will then try to call the person you listed on the registration form as your emergency contact person. IT IS IMPERATIVE THAT YOU INSTRUCT THIS PERSON IN HOW YOU WOULD LIKE THESE SITUATIONS HANDLED AND THAT THEY KNOW YOU HAVE LISTED THEM as a contact! We hope to never have to call an ambulance, but all such fees will be incurred at your expense. We will always try to contact you and have you pick up your child. This is YOUR RESPONSIBILITY, to have someone *always available*.

### **Reporting Abuse & Neglect**

All children who attend the Northampton Parks & Recreation Summer Camps shall be protected from abuse and neglect. All staff that work at the summer programs at the Northampton Parks & Recreation Department are trained by the District Attorney's office. Any suspected case of abuse or neglect will be reported in writing with factual information and observation from camp staff to the Recreation Supervisor right away. As law requires, all suspected cases of abuse or neglect will then be reported to the Department of Children & Families immediately. Summer Camp staff is mandated by the Commonwealth of Massachusetts to report any suspicions of abuse or neglect to the Department Children & Families. The Northampton Parks & Recreation Department will cooperate in all investigations of abuse and neglect by identifying parents of children currently or previously enrolled in the summer programs to any agency or person specified by the State necessary to prompt investigation of all allegations and protection of the child or children.

### **Crossing Streets**

Camp Hamp will cross the street on almost a daily basis when walking to the Aquatic and Family Center for afternoon swimming. We always use extreme caution when having children cross the streets. A staff member will stand in the middle of the crosswalk to make sure traffic is stopped. Once traffic is stopped, an additional staff member will lead the children across the street while the other staff follows the last child.

## **Absences and Tardiness**

### **Absences**

Please call the Northampton Parks & Recreation Department at (413)587-1040, or email [recreation@northamptonma.gov](mailto:recreation@northamptonma.gov), to inform us if your child will be absent from their program. The Parks & Recreation Office opens at 8:30am., and there is voicemail. The office will inform staff at your child's summer program.

### **Late Arrival/Early Pick-up from Summer Programs**

Please inform your child's Recreation Leader if your child will be arriving late to the program a day in advance, or inform them in the morning at drop-off for early pick-up. Camp Hamp is held at the spacious Look Park and sometimes it is a challenge for the parents to find their children's group to drop-off or pick-up early. Your child's counselor will have the best idea of where your child's group will be during the course of the day.

### **Field Trip Departures**

Camp Hamp will go on two weekly field trips. The bus will typically leave the park around 9:00am. It is your responsibility to get your child to their program on time; buses will not wait for tardy participants. A weekly detailed calendar will be mailed to you a week prior to the start of camp or earlier to let you know when these field trip days are scheduled.



## ***Behavior & Discipline Policy***

### **Behavior Contract**

All program participants are expected to behave appropriately. If behavior becomes a problem, a behavior contract will be issued for children who are continually disruptive. This includes using foul language, not keeping hands to themselves, not listening, distracting other participants, wandering away from activities without permission from staff and other actions that are taking away from the program on a constant basis.

The contract will list the goals that the child is going to work on as well as the plan to accomplish a more positive experience for the child. Failure to follow this contract may result in a one-day suspension or further discipline from the Recreation Department's summer camps with further consequences possible. If a child has to be removed from the program no refund will be given.

### **Suspension/ Termination/Removal from Program**

The Parks & Recreation Department reserves the right of remove any participant from the Program for any of the following reasons:

- Three incident reports on file or two incident reports filed per session.
- A child brings harm to another child or staff person resulting in injury.
- Unpaid camp fees for a session.
- Failure to follow the program's rules on a consistent basis.
- Consistent late pick-ups or early drops-offs.
- The Parks & Recreation Department may determine other issues not listed that could result in suspension or termination from the program.

## ***Communication***

### **Parent Communication**

Please make sure that you discuss any questions, comments, concerns, or suggestions you may have about our program or your child with the on-site summer program Director. If, after speaking with them, you still have concerns, please contact the Parks & Recreation Department at (413)587-1040 to speak with the Recreation Supervisor or send us an email at [recreation@northamptonma.gov](mailto:recreation@northamptonma.gov). We are here to meet the needs of each family. Please let us know of anything that we can do to make your and your child's experience one that they will remember fondly forever.



# **Northampton Parks & Recreation Summer Day Camp 2021 COVID-19 Policies and Information**

## **Information**

We will be obtaining, through our registration system emails and Camp Docs, home phone numbers, work numbers and cell phone numbers so our staff can reach you at any time. In addition we require at least two emergency contacts (who are different from parents/guardians) for us to contact as needed. NPRD always contacts parents and guardians first. Please make sure someone is always available in case of an emergency.

The first day of camp, the staff will go over in detail with each camp group COVID protocols and daily expectations, including how to ask for masks.

## **Encourage Hygiene and Handwashing**

There are several bathrooms at Look Park, both by the drop off area, and also located throughout the Park that will have handwashing facilities with soap dispensers. There will also be three bathrooms at the Safety Village facility with soap and paper towels.

We will be encouraging hand washing or hand Sanitizing before and after lunch and after using the bathroom. Our Staff will inform and remind campers not to share any personal items (towels, hair ties etc.). As part of the registration process we will be asking each parent/guardian permission to use hand sanitizer (with at least 60% alcohol.)

## **Personal Protective Equipment (PPE) & Masks**

While no longer required, staff and campers will be encouraged to bring facemasks if they would like to. Masks can become sweaty and dirty and should be swapped out as needed. Extra facemasks will be provided by the department for those who would like them, kids just need to ask their counselor for one.

## **Screening & Monitoring**

Our staff will be trained on the symptoms of COVID, and will be visually monitoring the children within their group for any signs of illness. Temporal thermometers will be on site and staff will continuously and actively monitor campers each day for symptoms. If your child has any symptoms or is not feeling well, or has been potentially exposed to someone who has COVID, please keep your child at home.

## **Isolation & Quarantine**

If a camper is displaying symptoms of COVID they will be put in isolation immediately. If possible, the child will isolate outside. Depending on where the group is, the child and a staff member will find a quiet location, under a shade tree a significant distance from the rest of the group. The parents/guardians will be contacted immediately, using the phone numbers they provided upon registration. If a parent/guardian can't be reached, NPRD will call the emergency numbers. We expect a parent/guardian to pick up the camper immediately.

The potential case would be reported immediately to the Board of Health. NPRD staff would follow all guidelines for isolation or quarantine as directed by the BOH.

### Isolation & Quarantine (continued)

If a symptomatic individual tests negative, they may return to camp after they have no symptoms, and have been without fever for at least 24 hours without the use of fever reducing medications. If, after the individual tests negative, and a provider makes an alternative diagnosis for the COVID-19-like symptoms, the individual may return to camp based on the recommendations for that alternative diagnosis (e.g., influenza or strep pharyngitis).

Northampton Parks & Rec Staff will work with the local board of health to help identify and notify close contacts and for guidance on quarantine requirements.

### Transportation and Travel


This year we will primarily take trips to places where we can secure a private rental, especially if that space is indoors. For example, Interskate 91 is a place that we can rent just for our camp, and we do plan to go there. The only exception to this is a trip to Nomad's that Camp Hamp is taking. We will also be taking outdoor trips to state parks and other outdoor locations.

We will also work hard to maintain cohorts as much as possible during all transportation and travel.


If a camper shows symptoms on a field trip, that camper will be immediately isolated with one of the leaders. Parents/Guardian would be contacted first, then emergency contacts to see if someone can come pick up the child who is in isolation. The staff will be asked to wait with the child until the parent/guardian can transport the child.



# June/July Free Lunch Program menu - English



## JULY 2021



**This menu is for NPS Summer School and Northampton Parks and Rec Dept**  
*Look Park location only (daily lunch provided)*


Monday		Tuesday	Wednesday	Thursday	Friday
<p><b>Local Produce featured weekly!</b> All Meals served with milk and assorted fruit and vegetables</p> <p>June 28<sup>th</sup>: Hummus Power Pack            June 29<sup>th</sup>: Crispy Chicken Sandwich            June 30<sup>th</sup>: Chicken Corn Dogs</p> <p>Field Trip Lunch:            Sunbutter &amp; Jelly Sandwich</p> <p><b>No Meal Service</b></p>		<p>[Redacted]</p>	<p>[Redacted]</p>	<p>1 Turkey Sandwich Chips Baby Carrots and Dip</p>	<p>2 Sunbutter &amp; Jelly Sandwich Cheese Stick Cucumbers &amp; Dip</p>
<p>5 [Redacted]</p>	<p>6 Baked Pretzel &amp; Cheese Sauce Celery Sticks &amp; Sunbutter</p>	<p>7 Pasta Salad with Chickpeas Cheese Stick</p>	<p>8 Ham &amp; Cheese Grinder Goldfish Crackers Mixed Bean Salad</p>	<p>9 Bagel Lunch (WG bagel, cheese stick, Sunbutter and yogurt)</p>	
<p>12 Hummus Power Pack Served with crackers and cheese</p>	<p>13 Taco Salad (diced chicken, salsa, cheese &amp; lettuce) Tortilla Chips</p>	<p>14 Chicken Dunks (Chicken nuggets, dip and pretzels)</p>	<p>15 Turkey Sandwich Chips Baby Carrots and Dip</p>	<p>16 Sunbutter &amp; Jelly Sandwich Cheese Stick Cucumbers &amp; Dip</p>	
<p>19 Crispy Chicken Sandwich Chips Veggie Juice</p>	<p>20 Baked Pretzel &amp; Cheese Sauce Celery Sticks &amp; Sunbutter</p>	<p>21 Pasta Salad with Chickpeas Cheese Stick</p>	<p>22 Ham &amp; Cheese Grinder Goldfish Crackers Mixed Bean Salad</p>	<p>23 Bagel Lunch (WG bagel, cheese stick, Sunbutter and yogurt)</p>	
<p>26 Hummus Power Pack Served with crackers and cheese</p>	<p>27 Chicken Salad Whole Grain Breadstick</p>	<p>28 Chicken Dunks (Chicken nuggets, dip and pretzels)</p>	<p>29 Turkey Sandwich Chips Baby Carrots and Dip</p>	<p>30 Sunbutter &amp; Jelly Sandwich Cheese Stick Cucumbers &amp; Dip</p>	

Menu Subject to Change  
This institution is an equal  
opportunity employer, May 2020

**Free Grab & Go Meals!**  
All Summer Long!  
Available every Wednesday. Seven days  
of breakfast and lunch at one pick up!  
Child does not need to be present at meal  
pick-up


**Pick Up Locations**

- Hampshire Heights 1:35-2:05pm
- Florence Heights 1-1:30pm
- 236 Pleasant Street 1-1:30pm
- Meadowbrook Apartments 1-1:30pm





# June/July Free Lunch Program menu - Spanish



## Julio 2021

**Este menu es para NPS Summer School y Northampton Parks and Recreation**  
Solo ubicación de Look Park (almuerzo diario)

**Monday**

**5**  
**No Meal Service**

**12**  
**"Hummus Power Pack"**  
 Servido con galletas y queso

**19**  
 Pollo crujiente y papas fritas  
 Jugo de vegetales

**26**  
**"Hummus Power Pack"**  
 Servido con galletas y queso

**Tuesday**

**6**  
 "Pretzel" y queso  
 Apio y Sunbutter

**13**  
 Ensalada de taco  
 (pollo, salsa, queso y lechuga)  
 Chips de tortilla

**20**  
 "Pretzel" y queso  
 Apio y Sunbutter

**27**  
 Ensalada de pollo  
 Palito de pan

**Wednesday**

**7**  
 Ensalada de pasta y Garbanzos  
 Palito de queso

**14**  
 Pollo "Dunks"  
 (Nuggets de pollo, salsa y "pretzels")

**21**  
 Ensalada de pasta  
 Garbanzos  
 Palito de queso

**28**  
 Pollo "Dunks"  
 (Nuggets de pollo, salsa y "pretzels")

**Thursday**

**1**  
 Sándwich pava y papas fritas  
 Zanahorias y salsa

**8**  
 Sándwich de Jamón "Goldfish Crackers"  
 Ensalada de frijoles

**15**  
 Sándwich pava y papas fritas  
 Zanahorias y salsa

**22**  
 Sándwich de Jamón "Goldfish Crackers"  
 Ensalada de frijoles

**Friday**

**2**  
 Sándwich Sunbutter  
 mermelada  
 Palito de queso  
 Pepino y salsa

**9**  
 "Bagel Lunch"  
 (WG bagel, palito de queso, Sunbutter y yogur)

**16**  
 Sándwich Sunbutter  
 mermelada  
 Palito de queso  
 Pepino y salsa

**23**  
 "Bagel Lunch"  
 (WG bagel, palito de queso, Sunbutter y yogur)

**30**  
 Sándwich Sunbutter  
 mermelada  
 Palito de queso  
 Pepino y salsa

**¡Produce locales semanalmente!**  
Todas las comidas servidas con leche, frutas y verduras.

**Menú Sujeto a cambios**  
Esta institución es un proveedor de igualdad de oportunidades, mayo de 2020

**Gratis Grab & Go Meals**  
¡todo el verano!

Disponibles todos los miércoles. Siete días de desayuno y almuerzo. Un lugar de recogida. El niño no necesita estar presente en el lugar de la comida.

**Lugar:**

- Hampshire Heights 1:35-2:05pm
- Florence Heights 1-1:30pm
- 236 Pleasant Street 1-1:30pm
- Apartamentos Meadowbrook 1-1:30pm

¡Disponible para todos los residentes, todo el verano!  
No es necesario estar en el campamento.